

WHAT IF LOVE AND COMPASSION START RUNNING YOUR LIFE?

What if you stop judging your feelings and actions? It's quite *ordinary* to make ourselves wrong, to replay old stories and resentments. Be on automatic. Tune out. Yet

Connection, Inspiration and Aliveness

demand something **extraordinary**. *Imagine that your inner voices are kind, it's ok to make mistakes, your joy is welcome here, and it's*

SAFE TO LOVE AND BE LOVED. Would the child in you come out to **PLAY**? Would **CURIOSITY** trump knowing and **NEW discoveries** happen right now

and **always**? *WOULD YOU REALIZE THAT YOU'RE REALLY NOT ALONE?* Most of us run from rejection. Trust betrayed. Failure. But

sometimes **THE CALL TO BE VULNERABLE AND TAKE A RISK IS**

LOUDER THAN OUR FEARS. Life's impulse to connect and create becomes irresistible.

POSSIBILITY ABOUNDS! 😊 Are you **READY** to

come out of hiding? Are you **WILLING** to choose love and compassion again *and again*? There are so many

people waiting for each of us to show them it's

possible. *How about Now?!*

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